



KERMAN NEWSLETTER JANUARY - MARCH 2026



Kerman Wellness Hub



KERMAN
WELLNESS HUB

The Kerman Wellness Hub has been established to assist the community by promoting Parks as Community Nutrition Hubs in expanding access to healthy foods and activities through a grant from the National Recreation and Park Association.

Upcoming Programs:

- ◊ **Art in the Park** - Mondays, 5:00-6:00 p.m. at Scout Hut
- ◊ **Tai Chi** – Fridays, Jan. 9 – Apr. 24 2:00-3:00 p.m. at Trini's Park
- ◊ **Walk with Ease** – Mar. 16 – Apr. 24 (M,W,TH) 2:00-3:00 p.m. at Lions Park
- ◊ **Chess** - Open Chess Fridays, 4:00 p.m. at Kerman Senior Center
For more information contact Shannon Barrett at 559-550-0985.

Park Rx Days

- ◊ **Jan. 31 12:00–3:00 p.m.** at Phillip Gallegos Park: Games, nutrition & health info
- ◊ **Feb. 28 12:00–3:00 p.m.** at B Street Park: Games, Tai Chi & health info
- ◊ **Mar. 7 11:00 AM–2:00 p.m.** at Soroptimist Park: Field games, art & health info



Farmer's Market



Vendor Meeting:
Jan. 10 10:00 a.m.–12:00 p.m.
Kerman Senior Center
RSVP by Jan. 5 at (559) 550-0985

Opening Day:
Mar. 18 5:00–8:00 p.m.
at Kerckhoff Park

WINTER WATERING SCHEDULE

December 1 – March 1

- Odd Address** - Tuesday and Saturday
- Even Address** - Wednesday and Sunday

No watering any day from 6:00 am-8:00 am and noon-7:00 pm.

Irrigating outdoors during and within 48 hours following measurable rainfall is prohibited.

FOR MORE INFORMATION, PLEASE CONTACT
WATER CONSERVATION AT (559) 550-0857

Recreation Events & Programs

- ◊ **Women's Volleyball (18+)** Open Gym: \$3 per player, Wednesdays 6:00–8:30 p.m. starting Jan 7. at the Kerman Community Center
- ◊ **Youth Theater**: \$50 (includes t-shirt). Registration ends Jan 23. Rehearsals Jan. 27–Mar. 20; performances Mar. 21–22 at Kerman Community Center
- ◊ **Start Smart Baseball**: \$50 (includes t-shirt). Registration ends Feb 27. Schedule: Mar 14–Apr 18, 9:00–11:00 a.m. at Kerckhoff Park
- ◊ **Youth Tennis**: \$50 (includes t-shirt). Registration ends Mar. 13. Schedule: Mar. 21–Apr. 25, 9:00 a.m.–12:00 p.m. at Kerman High School
- ◊ **Earth Day & Easter Eggstravaganza**: Mar 28. 9:00 a.m.–12:00 p.m. at Lions Park – egg hunt, games, and litter cleanup



Winter Driving & Weather Safety Tips



Use headlights in fog, rain, or low visibility.

Slow down and leave extra space on wet or icy roads.

Clear all windows and mirrors before driving.

Keep both hands on the wheel. Avoid distractions.

Allow extra travel time during foggy or rainy mornings.

Check all tires, cold air lowers tire pressure.



Non Emergency:
559-600-3111

"Where Community Comes First"

Emergency:
Dial 9-1-1

Holiday Office Closures

Please note that City offices will be closed on the following dates:

- **New Years Day**: Thu, Jan 1
- **Martin Luther King Jr. Day**: Mon, Jan 19
- **Presidents' Day**: Mon, Feb 16
- **Cesar Chavez Day**: Tues, Mar 31



Kerman Police Department

Package Theft Prevention Tips

- Track deliveries and use alerts.
- Pick up packages quickly.
- Use a lockbox or secure delivery location.
- Ask a neighbor to grab packages if you're away.
- Keep porches well lit and visible.
- Install a doorbell camera or motion light.



KEHRMAN POLICE DEPT

CRIME PREVENTION TIPS FOR THE NEW YEAR

Home Security

- Lock all doors and windows.
- Add security cameras or video doorbells.
- Secure gates with locks or latches.
- Install motion-sensor lights around your home.

Vehicle Safety

- Always lock your vehicle.
- Remove valuables from your car.
- Never leave your keys inside.
- Install a steering wheel lock.
- Don't leave mail or documents in your car.
- Use anti-theft devices if available.
- Park in well lit areas.
- Close windows and sunroofs fully.

Online & Digital Safety

- Update passwords for the new year.
- Enable two-factor authentication.
- Watch out for scams or phishing emails.
- Keep your devices updated.
- Avoid posting when you're away from home.



Non Emergency: "Where Community Comes First" **559-600-3111** Emergency: Dial 9-1-1

IF YOU OWN ANY OF THE FOLLOWING



CLASS 1&2 E-BIKE

E-SCOOTER

CLASS 3 E-BIKE

DIRT BIKE

MOTORIZED BICYCLE/MOPED



PLEASE SEE TIPS BELOW:

- Wear a helmet (Required for riders under 18 on bikes, e-bikes & scooters).
- Follow traffic laws (Ride with traffic and obey signals/stop signs).
- Use lights at night (White front light, red rear reflector/light).
- Don't ride on sidewalks-where prohibited (Use bike lanes when available).
- No passengers on e-bikes or scooters unless the bike is built for it.
- Stay alert! (No headphones in both ears and avoid distractions).
- Know your e-bike class (Class 3 requires riders to be 16+ and wear a helmet).

Senior Center Activities

BIILLARDS

Weekdays, 8:00 a.m. - 5:00 p.m.

BINGO

Tuesday & Thursday, 8:30 a.m. - 11:00 a.m.



FUN & FIT EXERCISE

Wed., 10:00 a.m. - 11:00 a.m. & Fri., 11:45 a.m. - 12:15 p.m.

KERMAN CROCHET STUDIO

2nd & 4th Thursday of each month, 3:00 p.m. - 5:00 p.m.

KERMAN STITCHERS SEWING CLUB

2nd & 4th Wed of each month, 1:00 p.m. - 5:00 p.m.

(1st Wed. is Open Sewing)

MOBILE HEAL- FREE MOBILE HEALTH CLINIC

Last Thursday of each month, 9:00 a.m. - 12:00 p.m.

NUTRITION PROGRAM

Monday - Friday 11:00 a.m.

For reservations call 24hrs in advance 559-550-0993

Senior Center Events

January Crafts with Joan:

Jan 13, 2:00 p.m.-5:00 p.m., \$10



Table Mountain Casino Trip:

Date/Time/Cost TBD, call 559-550-0993

Valentine's Dessert Potluck:

Feb 13, 11:00 a.m.



February Dance "Mardi Gras":

Feb 27, 6:00-9:00 p.m., \$5 cash

February Crafts with Joan:

Feb 10, 2:00-5:00 p.m., \$10



Senior Prom "Silver Anniversary":

Mar 27, 4:00-8:00 p.m., \$20 seniors/\$25 non-seniors

Code Compliance & Enforcement Division

The goal of the Code Compliance & Enforcement Division is to obtain voluntary compliance with the regulatory provisions set forth in the City of Kerman Municipal Code. The Division recognizes the importance of maintaining quality of life and protecting the health, safety, and welfare of the public. Some of the most common complaints we receive from residents are:

- Overgrown vegetation
- Open storage, junk, and garbage located in front yards
- Improper storage of trailers, boats, and RV's on private property and public streets
- Unpermitted yard or garage sales and posted illegal yard sale signs
- Inoperative vehicles on private property and public streets.
- Unpermitted accessory structures (i.e. patio covers, carports, sheds, etc.) within setbacks
- Unpermitted home businesses



If you have any concerns or questions about a property, please contact Code Compliance & Enforcement at (559) 550-0816 or 550-0829. You may also submit a code enforcement complaint by filling out our online form at

<https://cityofkerman.net/329/Code-Compliance-Enforcement-Division>